



# BASES OCTOBER Lunch Menu 2024

<u>MONDAY</u> Snack:	<u>TUESDAY</u> Snack:	<u>WEDNESDAY</u> Snack:	<u>THURSDAY</u> Snack:	<u>FRIDAY</u> Snack:
Sept. 30 Cheeseburger w/lettuce, tomato & Pickles Fries Apple 1% Milk or NF Chocolate Milk	1 Ham, lettuce, tomato & American Cheese Wrap, carrots banana 1% Milk or NF Chocolate Milk	2 Chili Cheese Dog Cucumbers, orange 1% Milk or NF Chocolate 1% Milk or NF Chocolate Milk	3 PB&J sandwich, Celery, V-8 Juice, kiwi 1% Milk or NF Chocolate Milk	4 Turkey/Cheese Sandwich w/ Lettuce & Tomato Carrots Fruit cup, raisins 1% Milk or NF Chocolate Milk
7 Baked Chicken and Rice, steamed Broccoli Oranges 1% Milk or NF Chocolate Milk	8 Chef Salad, Roll Sunflower Seeds, cucumbers, hardboiled egg, banana 1% Milk or NF Chocolate Milk	9 Chicken Nuggets, Baked beans, Green Salad kiwi 1% Milk or NF Chocolate Milk	10 Turkey & Cheese Sandwich Carrot Sticks apple 1% Milk or NF Chocolate Milk	11 PB&J sandwich, Celery, V-8 Juice, melon 1% Milk or NF Chocolate Milk
14 Chicken Teriyaki Rice Broccoli Pineapple 1% Milk or NF Chocolate Milk	15 Chef Salad, Roll Sunflower Seeds, cucumbers, hardboiled egg, Banana 1% Milk or NF Chocolate Milk	16 Chili Beans w/Cornbread Corn, Potato Wedges, applesauce & fruit cup 1% Milk or NF Chocolate Milk	17 Ham and cheese Sandwich w/Lettuce & Tomato celery Stick melon 1% Milk or NF Chocolate Milk	18 Italian Pita Pocket marinara cup String Cheese Hummus Dip orange 1% Milk or NF Chocolate Milk
21 BBQ Chicken Sandwich Fries, Green Salad kiwi 1% Milk or NF Chocolate Milk	22 Soft Pretzel w/ Honey Mustard Cheese Cup banana Peanut Butter Dip Celery Sticks 1% Milk or NF Chocolate Milk	23 Taco Meat Tortillas, refried beans w/ Lettuce, Tomato & Salsa apple 1% Milk or NF Chocolate Milk	24 Bbq Chicken Wrap melon Carrot Sticks 1% Milk or NF Chocolate Milk	25 PB&J sandwich, Celery, V-8 Juice, orange 1% Milk or NF Chocolate Milk
28 Cheeseburger w/lettuce, tomato & Pickles Baked beans banana 1% Milk or NF Chocolate Milk	29 Chef Salad, Roll Sunflower Seeds, cucumbers, hardboiled egg, Melon 1% Milk or NF Chocolate Milk	30 Pep/Cheese Pizza Celery Raisins & fruit cup 1% Milk or NF Chocolate Milk	31 Turkey & Cheese Sandwich Carrot Sticks orange 1% Milk or NF Chocolate Milk	November 1st Chicken Salad Sandwich Cucumber Coins apple 1% Milk or NF Chocolate Milk

Fresh fruit, boiled egg, string cheese or yogurt available daily. Menu Subject to Change.

This Institution is an Equal Opportunity Provider.



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