



BASES October Breakfast Menu 2024

<u>MONDAY</u> Breakfast	<u>TUESDAY</u> Breakfast	<u>WEDNESDAY</u> Breakfast	<u>THURSDAY</u> Breakfast	<u>FRIDAY</u> Breakfast
Sept. 30 <u>Transport Day</u> Bagel Cream Cheese orange 1% White Milk or Juice	Muffin ½ cup strawberries ½ cup Sugar snap 1% White Milk or Juice	2 <u>Transport Day</u> cereal WG toast and boiled egg banana 1% White Milk or Juice	3 egg and cheese burrito salsa cup apple 1% White Milk or Juice	4 Granola Cup of Yogurt melon 1% White Milk or Juice
7 <u>Transport Day</u> French Toast banana 1% White Milk or Juice	8 Granola Cup of Yogurt orange 1% White Milk or Juice	9 <u>Transport Day</u> Hot oatmeal/or cereal apple 1% White Milk or Juice	10 Muffin kiwi 1% White Milk or Juice	11 Bagel Cream Cheese melon 1% White Milk or Juice
14 <u>Transport Day</u> Cereal Cup apple 1% White Milk or Juice	15 Granola Cup of Yogurt strawberries fruit cup 1% White Milk or Juice	16 <u>Transport Day</u> Muffin orange 1% White Milk or Juice	17 Bagel Cream Cheese kiwi 1% White Milk or Juice	18 cereal WG toast and boiled egg melon 1% White Milk or Juice
21 <u>Transport Day</u> Granola Cup of Yogurt orange 1% White Milk or Juice	22 Bagel Cream Cheese strawberries 1% White Milk or Juice	23 <u>Transport Day</u> French Toast banana 1% White Milk or Juice	24 egg and cheese burrito salsa cup kiwi 1% White Milk or Juice	25 Muffin apple 1% White Milk or Juice
28 <u>Transport Day</u> Hot oatmeal/or cereal orange 1% White Milk or Juice	29 Bagel Cream Cheese strawberries 1% White Milk or Juice	30 Muffin banana 1% White Milk or Juice	31 egg and cheese burrito salsa cup kiwi 1% White Milk or Juice	November 1st Muffin melon 1% White Milk or Juice French Toast banana 1% White Milk or Juice

Fresh fruit, boiled egg, string cheese or yogurt available daily. Menu Subject to Change.

This Institution is an Equal Opportunity Provider.



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